



# MEANINGFUL WELLNESS PARTNERS

AUGUST 2021



E.C.O. Canadian Organic



GITPO Spirit Lodge



University of New Brunswick



Natoaganeg First Nations

# WELLNESS PRINCIPLE 1



Thousands of people have used cannabis to help them reduce and replace opioid medications.

Patients from all walks of life, including those with chronic pain, PTSD (post-traumatic stress disorder), addiction, and non-medical use of opioids.

Cannabis can be made available through a medical prescription.

# WELLNESS PRINCIPLE 2

## ADVANTAGES OF ADDING PRESCRIBED MEDICAL USE OF CANNABIS

In dealing with opioid addiction, cannabis can be safer than other harm reduction options like methadone and suboxone. It does not have the risk of a fatal overdose and has a lower risk of dependence and problematic use than other psychoactive substances.

Cannabis can be used in combination with methadone or Suboxone to enhance the benefits and support taper of these drugs

In addition to reducing pain, cannabis conveys holistic benefits, such as improving sleep, reducing anxiety, relaxing muscles, giving perspective on life's changes, etc.

# WELLNESS PRINCIPLE 3

## BASIC PRINCIPLES OF MEDICAL USE

Initially prescribe a low dose of cannabis with every dose of opioids.

For longer acting effects, oral delivery, such as E.C.O. Quick Strips absorbed through the blood vessel in the mouth, is optimal.

Use cannabis to promote restorative sleep.

Use cannabis to enhance the enjoyment and benefits of therapeutic activities (exercise, meditation, prayer, counseling, journaling, etc.)

# ROGER'S VISION



For over 35 years, Chief Roger has a proven record for successfully advancing the principles of wellness with a focus on alcohol and drug education.

He believes in a sacred connection among people, the Earth, and everything above it, upon it, and within it.

Indigenous health practices and beliefs, like Indigenous peoples themselves, are diverse. A wellness center must be adaptable to provide services that are relevant to the community.

# GITPO SPIRIT LODGE



Our holistic wellness center is focused on the well being of men and boys in the Eel Ground broader community.

In recognizing the advancement of the medical therapeutic use of cannabis, Chief Roger has developed a model wellness center that can be replicated in First Nation communities across the territories.

Best practices for Indigenous wellness involve a range of services from mainstream health care to traditional practices and medicines, all under community leadership and control

# GITPO SPIRIT LODGE



# GITPO SPIRIT LODGE'S CONTRIBUTION

Providing

Providing a safe environment supporting traditional healing practices for community members aimed at promoting mental, physical, and spiritual wellness.

Supporting

Supporting the methodology to introduce cannabis as a medical therapeutic alternative to widen the therapeutic windows of taking cannabis with other harm reduction options like methadone and Suboxone.

Supporting

Advancing medicinal cannabis in combination with methadone or Suboxone to enhance the benefits and support a taper of these drugs and improve opioid addiction treatment outcomes





**E.C.O.**



E.C.O. is a New Brunswick locally-owned and operated Health Canada Licensed Producer/ Seller of the highest quality, lab-tested, organic medical cannabis products.

E.C.O. sells quality medical products in the provincial, national, and international markets through strategic partnerships.

E.C.O. is focused on supporting First Nation communities by promoting wellness and harm reduction by developing health and wellness services.

# ECO CANADIAN ORGANIC MISSION

Our mission at E.C.O. is to provide First Nation communities with safe access to the highest quality, lab tested organic medical cannabis.



# E.C.O.'S VALUES



We believe in flower as medicine. Nature's own recipe is incredibly complex. We embrace and respect the natural healing powers of the cannabis flower.

We promise to provide our customers with naturally-grown organic cannabis that has been grown in a way that aligns with all of our core tenets and beliefs.

E.C.O. is engaged with a UNB research project utilizing cannabis as opposed to methadone as an alternative to opioid therapy thereby providing academic structure to our competitive advantage.

# DENISE HANNAY

## E.C.O. CANADIAN ORGANIC, CEO & CO-FOUNDER



- E.C.O. will ensure a consultation at GITPO Wellness Centre for every patient participating in this project.
- E.C.O. is committed to providing education, data and science while providing the best possible care for patients.
- E.C.O. is committed to delivering a health care experience that will provide knowledge and safe access to medical cannabis.
- Combining patient education sessions, personalized care plans, and ongoing support, E.C.O. will deliver services that build an environment of based education, knowledge and support.
- Patients will participate in a comprehensive education session with one of the prescribing health care practitioners prior to their appointment. Prospective patients will learn the history of cannabis, its medical benefits, as well as dosing schedules and consumption methods.

# LOCATION

OUR BUILDING



“RIVER OF FIRE”



# E.C.O. FOCUS ON COMMUNITY EDUCATION



- E.C.O. recognizes the importance of patient education, but also values the need for the entire community to better know how cannabis can be a part of a healthy lifestyle
- Dr. Av Singh and Randy Flemming are committed to working with health care professionals, Band Council, and community members to provide comfort and knowledge about cannabis as medicine. Whether learning more about the endocannabinoid system or techniques for growing at home, a high level of information is available.

# ECO'S LICENSES & CERTIFICATIONS



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Standard Processing and Cultivation License (October 2020) Health Canada

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Sales License Medical and Recreational (June 2021) Health Canada

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Extract, Edibles and Topicals Sales License (pending) Health Canada( Expected date Aug 2021)

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European Union GMP GAP assessment completion in May 2021. Review and findings available upon request.

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Registered with Medavie BlueCross as a Licensed Producer of Cannabis for Medical Purposes with Veterans Affairs Canada.

# E.C.O.'S STRATEGIC PARTNERS

## GITPO CONSULTANTS

Marketability through 634 First Nations communities.

Counseling on replicating the “replacement” policy for cannabis as a medical therapeutic option to reduce and replace opioid medications within First Nations and Corrections Canada.

Establishment of the model, holistic wellness center ***GITPO Spirit Lodge.***

Bridging the licensure of First Nation cannabis dispensaries

## CORTEX GROUP

PTSD, Opiate addiction, and Methadone treatment is endemic in every society globally.

E.C.O. has the opportunity to provide proof of a medical benefit resulting from their products.

The E.C.O. brand will become known in the medical community. Products can be shipped from Canada to countries based on a medical application.

# E.C.O. CONTRIBUTION



Providin  
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Providing GITPO Spirit Lodge with safe access to the highest quality, lab-tested organic medical cannabis in a product form that ensures optimal ingestion through patented product distribution delivery methods.

Causing

Ensuring an orientation to prescribing physicians/ nurse practitioners, Health Center staff and care providers.

Creating

Creating a framework and training support to offer other forms of therapeutic healing practices.

# UNIVERSITY OF NEW BRUNSWICK CONTRIBUTION



Providing an academic structure and guidance for peer reviewable research.

Access to expertise in Public and Mental Health, as well as providing data collection and management.

Access to leverageable academic grants to carry out scoping project and subsequent fundable research.

# NATOAGANEG FIRST NATION

CHIEF GEORGE GINNISH



# NATOAGANEG FIRST NATION PROPOSED CONTRIBUTION



Host

Host the Spirit Lodge within its community.

Support

Support the pilot project undertaken by the Parties through the Spirit Lodge.

Support

Support Roger's Vision



NEXT STEPS TOGETHER